

## McLaren Oak Bridge Multi-disciplinary Treatment Team

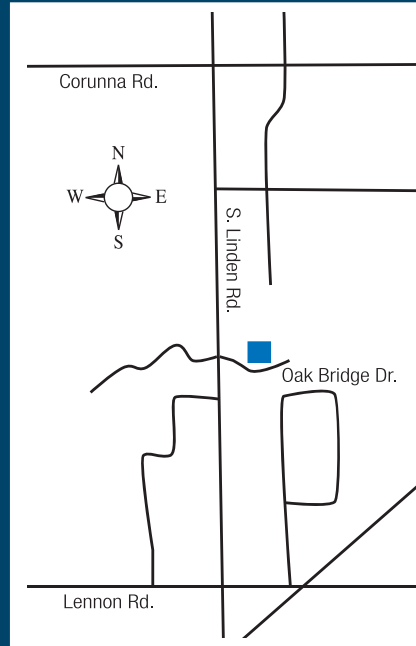
Our Multi-disciplinary team provides services to meet the treatment needs of our clients at the Partial Hospital Program.

Our staff includes:

- Psychiatrists
- Psychiatric Nurses
- Clinical Social Workers
- Master's Level Therapist
- Certified Recreation Therapists
- Teachers
- Security

### The programs consists of:

- Daily Physician Consultation
- Comprehensive Assessment
- Medication Management
- Insight Oriented Group Therapy
- Family Therapy/Education
- Recreational Therapy
- Anger Management
- Expressive Therapy
- Conflict Resolution
- School Education Programming
- Discharge Planning



**McLaren Oak Bridge  
Partial Hospital Program**  
in the Oak Creek Office Center  
(South of Corunna Road just off Linden Road)  
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Flint, Michigan 48532  
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M-3040 (7/10)

# Adult Partial Hospitalization Psychiatric Programs (PHP)

There are options, there is hope.



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## help, healing, hope

### **Partial Hospital Psychiatric Programs (PHP)**

McLaren Regional Medical Center's Partial Hospitalization Program (PHP) is Genesee County's only day treatment program for adolescent and adult clients in need of person-centered intensive daily psychiatric services. PHP is designed to allow intervention to prevent inpatient psychiatric hospitalization or provide transition for client's stepping down from inpatient care.

Client's consult with an attending psychiatrist five days per week and are actively involved in daily group therapy, educational groups and activity therapy. Clients are assigned to a care manager whom assist them through the treatment program, help clients identify ways to meet their treatment goals, and assist with follow up appointments to return to referral sources and make additional appointments as needed.

### **Insurance**

McLaren's Partial Hospital Program accepts most insurance plans including Medicare and Medicaid. All Medicaid clients must be assessed by county of origin CMH agencies to be referred to the Partial Hospital Program.

### **Schedule**

McLaren's PHP runs five days per week Monday through Friday from 9 am to 3 pm.

### **Referral**

A professional referral is required for admission to PHP. This can include Psychiatrist and Primary Care Physicians, Nurses, Social Workers and Therapists, Principals, Teachers and School Counselors, EAP reps, and Court personnel.

### **Transportation to PHP**

Transportation is provided to clients who would not otherwise be able to attend if the client lives within the van pick-up radius.

### **McLaren's Adult PHP**

The Adult Partial Hospital Program is designed for clients 18 years and older in need of specialized transitional psychiatric services. Clients may be struggling in outpatient services or stepping down from inpatient care and require the additional treatment interventions PHP can provide. The treatment team not only can deal with today's vast array of co-occurring psychiatric disorders, but can also assist clients by making referrals to vocational rehabilitation, substance abuse services, and other interventions that can help decrease the intensity of the stress of today's world.